



Tuesday Group Class Schedule

8:30 - 9:30AM	Pilates with Leta	Group X Room	
9:45 - 10:45AM	Cardio Dance with Karen	Group X Room	
11:00 - 11:45AM	C.S. So You Think You Can with John	Group X Room	45 Mins Premium
4:30 - 5:30PM	Low-Impact Aerobics with Chris	Group X Room	
5:30 - 6:30PM	Cardio Sport with John	Group X Room	Premium Class
6:30 - 7:30PM	Yoga with Jen	Group X Room	