



## Thursday Class Schedule

9:30 - 10:30AM	Pilates with Leta	Group X Room	
11:30AM -12:00PM	Core Fusion with Leta	Group X Room	<b>30 Mins</b>
5:30 - 6:30PM	C.S. Group Dynamic with John	Group X Room	<b>Premium</b>
6:30 - 7:30PM	Cardio Dance with Karen	Group X Room	